

Learning Project WEEK 4 - Food

Age Range: Year 1 Oak, Sycamore and Willow

Weekly Maths Tasks (Aim to do 1 per day)

This week is all about sharing!

Remind yourself of how we share objects practically using this video:

<https://www.youtube.com/watch?v=nBaOwftKUJg&feature=youtu.be>

Parents - we teach the children to share practically using different amounts into 2 equal piles. If you feel your child is confident with this, you can try sharing objects between groups of 3 and 4.

Enjoy practising sharing with these games:

- <https://www.ictgames.com/mobilePage/doggyDivision/index.html>
- <https://www.bbc.co.uk/bitesize/topics/zqbg87h/articles/z9jxhv4>
- <https://pbskids.org/curiousgeorge/busyday/dogs/>
- <https://www.twinkl.co.uk/resource/having-fruits-for-parrots-powerpoint-tn-2546972>
- https://www.youtube.com/watch?v=W_eXTDYS3E-4
- Continue to practise the Maths we have learnt in class on MyMaths

Weekly Reading Tasks (Aim to do 1 per day)

- Read the Twinkl book 'The Carrot Club'
<https://www.twinkl.co.uk/resource/t-or-150-carrot-club-ebook>
- Make a list of all the different types of food you saw in the story 'The Carrot Club'.
- Read through some recipe books and see which food items you can identify.
- Read through the 100 high frequency words and have a go at putting them into a sentence.
- Choose a fiction and a non-fiction text to read. Which one did you enjoy reading the most and why?

Weekly Phonics/Spellings Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Practise Phase 3 and Phase 5 phonemes (see reading diary). • Play Odd and Bob (free game- https://www.phonicsbloom.com/uk/game/odd-and-bob?phase=5) • Can you think of and make a list of food with the following digraphs in: <ul style="list-style-type: none"> - ch - ee - er - aw - sh • Phase 3: play this game on Phonics Play, use the username march20 and the password home to log on https://www.phonicsplay.co.uk/member-only/Ph3RocketRescue.html • Phase 5: play this game on Phonics Play, use the username march20 and the password home to log on https://www.phonicsplay.co.uk/member-only/TrickyWordTrucks.html 	<ul style="list-style-type: none"> • A-Z food list: Can you think of a food for each letter of the alphabet. • Continue to practise the spelling of high frequency words/months of the year/days of the week. • Make a food diary of what you have eaten for your breakfast, lunch and dinner every day. • Choose a favourite recipe from a recipe book and write it out using your best handwriting. • Write a book review about 'The Carrot Club'. What was your favourite part of the story? Who was your favourite character? Would you change anything about the story?

Learning Project - to be done throughout the week: Food

The project this week aims to provide opportunities for your child to learn more about food. Learning may focus on exploring the different types of food and discussions about a healthy balanced diet.

- **Blind-fold food tasting:**
 - Have your parent/guardian cover your eyes. Can you smell and taste the food and guess what it is?
- Use this link to **learn about healthy eating** and how food can affect our bodies: http://resources.hwb.wales.gov.uk/VTC/healthy_eating/eng/Introduction/default.htm
- **Can you write a list** of how food can be good for our bodies, and how it can be bad for our bodies?
- **Make a healthy lunchbox using this link:** <http://archive.foodafactoflife.org.uk/Activity.aspx?siteId=14§ionId=61&contentId=56>

- **Can you design a new school menu?** What could you add? What would you keep the same? Will it be a healthy school menu? Can you find pictures or draw pictures to add to your menu? Plan out your menu and remember to include prices. Will you have a different menu everyday?
- **Restaurant: Can you plan a menu?** Think about what you would like to have on your menu. Can you design a menu for a vegetarian? Can you design a menu for a vegan? Will you have options on your menu for people who have allergies? Look around the house for any leaflets or take away menus. What price is the food? Can you do any meal deals
- **Think about your favourite food.** Where does it come from and how is it made? Research these questions with an adult and put together a fact file.

Have a go at making these simple recipes if you can get the ingredients:

cookies



115g butter, softened
55g caster sugar
140g plain flour
40g chocolate chips

heat oven 180c

beat the butter and sugar till fluffy

mix in the flour and chocolate chips with your hand until you have a dough

roll the dough into walnut sized ball and flatten with your palm

put them onto a baking tray slightly apart and cook for 10-12min

Easy Fork Biscuits



100g butter softened
50g caster sugar
150g self raising flour

Line a baking Tray and preheat oven to 180°

Mix your butter and sugar in a bowl until well combined and fluffy.

Add the flour and keep mixing gently until well combined!

mix together with your hands.

Roll walnut sized pieces and place on your baking tray

fill a cup with cold water, dip a fork into the water and then gently press down on each ball of biscuit dough.

Bake in the oven for 12-15 Mins or until golden brown.

Pop onto a wire rack to cool.

Flapjacks



120g porridge oats
60g softened butter
60g light brown sugar
1-2 tbsp golden syrup

heat oven to 200c

mix everything really well in a bowl.

grease baking tin and pour mixture in pushing everything down with the back of a spoon

cook for 10 mins till golden brown

mixture will be soft when its removed from the oven.
this is normal and will harden as it cools

- **Get creative!** Get creative with these food Art ideas:

