

## Learning Project WEEK 4: Food

Age Range: KS1 – Year 2

### Weekly Maths Tasks (Aim to do 1 per day)

- Continue working on My Maths. Try to focus on some of the areas of maths mentioned below.
- You can now access [Numbots](#).  
Individual logins are:  
Username: surname.first initial  
Password: maths  
e.g. Stanley.v  
maths
- Play on [The Mental Maths Train Game](#)  
- practise adding, subtracting, multiplying or dividing.
- Play on [Hit the Button](#) - number bonds, halves, doubles and times tables.
- After checking with a grown up at home, look in the kitchen cupboards and the fridge. Sort some of the foods you can find into different groups. You could try sorting the vegetables, dairy, fish, meat etc.  
If you've got lots of tinned food you could sort the cans into different types e.g. fish, soup, beans etc. You choose any way you like to sort them. Which food group has the most or least amount of items?  
Which item of food is the lightest or heaviest?  
To help you with estimating weight, first find some things that are marked as 1kg 100g, 25g etc. and compare how heavy or light they feel.
- Play the game [Fruit Fall](#) - answer the data handling questions based on how many pieces of fruit you catch.
- Choose and draw a 2D shape of your choice. List how many sides, vertices\* and lines of symmetry it has.  
Remember we have learnt about the names and properties of 2D shapes in class (square, circle, triangle ....)  
\*Don't forget that in Y2 we also think of vertices as corners.

### Weekly Reading Tasks (Aim to do 1 per day)

- Continue to read a variety of books at home. Try to share a book or part of a book every day. Talk about the story and discuss what has happened. Ask why a character behaved as they did, where the story takes place etc.  
Remember to use some of the prompts in the front of the book diary to help you know what to ask.
- Listen to a story read by someone at home, on a CD or online e.g. [BBC Audio Stories](#)
- Read aloud the ingredients on the back of a tin or cereal box to an adult? Use your phonic knowledge to help you Sound out any unknown or long words.
- Find a recipe book in the house or online and read the ingredients needed to make something.
- Make a list of the food in a recipe into alphabetical order – a,b,c,d,e,f,.....
- Read a variety of books or watch some online stories such as [The Giant Jam Sandwich](#) , [Handa's Surprise](#) or [The Shopping Basket](#) and make a list of all the different types of food you find.

Weekly Phonics/Spellings Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> <li>• Daily phonics - get the children to practise Phase 5 sounds. They need to spell the graphemes correctly eg <b>oy, ir, ue, aw, wh</b> etc. and words containing them eg <b>enjoy, bird, queue, straw, white etc</b> Interactive games can be found on the links below.</li> <li>• <a href="#">Phonics play</a></li> <li>• <a href="#">Top Marks</a></li> <li>• <a href="#">Spelling</a></li> <li>• Spell numbers to twenty</li> <li>• Spell common exception words – these are words that can't be sounded out e.g. the, said, she, was, friend... Many of the 100 words that are in book diaries are common exception words. <a href="#">Spelling City</a></li> </ul>	<ul style="list-style-type: none"> <li>• Create a shopping list for the week. Can your child group the items into food groups on their list e.g. fruit and vegetables, meat, dairy?</li> <li>• Write a recipe for a healthy meal of their choice. Try to use subheadings for the ingredients and instructions. Subheadings are like mini titles. We haven't learnt about them in school yet. You could use the subheading: <b>What you need</b> for the ingredient list and <b>What to do</b> for the instructions. Remember that instructions need to begin with 'bossy words' e.g. get, put, mix, chop, stir etc. (See example at end.)</li> <li>• Write a set of instructions for making toast. Don't forget the 'bossy words'!</li> <li>• Design a new label for a cereal box. What eye catching information will you add? Can you use an exclamation mark?</li> <li>• Design a new milkshake. Which ingredients will you include? Can you label the milkshake? Can you make the milkshake? Maybe you can draw a picture or take a photo and put it on Class Dojo. Tell us what it was like.</li> </ul>

### Learning Project - to be done throughout the week: Food

There are lots and lots of ideas here. Choose the ones you like best and would like to do. You don't have to do them all!

#### Food

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

**Balanced diet:** Show your child this [video](#) about how to have a balanced diet. We have learnt about this in Science and PSHE. Remember how we designed a healthy eating plate?

Play these [games](#) about healthy eating. What do we have today?  
Look in the kitchen to see if you can create an A-Z list of foods.

**Fruit and vegetables** - Draw pictures of fruit and vegetables in your house. Label the fruit and vegetables and place in alphabetical order.



**Sorting activity:** Collect food from the kitchen and sort into healthy and unhealthy foods.

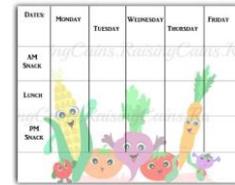
**Design a poster** - think about the foods you like to eat and food that you need to eat to keep you healthy. Create a poster that you can put in the kitchen. Will you be able to use any food wrappers or make your poster interactive? Show it to us on Class Dojo if you can.

**Healthy lunchbox:** can you play this [game](#) and make a healthy lunchbox?

**Traditional food:** Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a different festival. What are the similarities? What are the differences? Do you have any traditional food you enjoy with your family?

**Restaurant:** Can you plan a menu? Think about what you would like to have on your menu. Can you design a menu for a vegetarian? Will you have options on your menu for people who have allergies? Look around the house for any leaflets or take away menus. What price is the food? Can you do any meal deals?

**Designing a school menu:** Can you design a new school menu? What could you add? What would you keep the same? Will it be a healthy school menu? Can you find pictures or draw pictures to add to your menu? Plan out your menu and remember to include prices. Think about whether you will have a different menu every day.



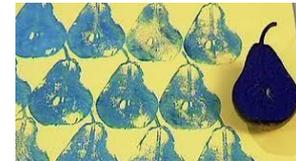
**Cooking:** find a few recipes and check if you have the ingredients at home and with help cook a meal for your family. Think about a starter, main and dessert. Can you cook as a family? Who will do the measuring?

Favourite Fruit Survey Pictogram

Which fruit is the most popular in your class?

Fruit	1	2	3	4	5	6	7	8	9	10
apple										
banana										
orange										
grapes										
strawberry										
peach										
watermelon										
pineapple										

**Fruit survey:** ask your family about the different fruits they like to eat. Collect the information and make a pictogram. (You might want to speak to grandmas, grandads, aunts, uncles etc. on the phone to ask them.) You could use this: [Favourite fruit pictogram](#)



**Fruit and vegetables printing:** Look at the [work](#) of the artist: Lynn Flavell. How does she represent fruit and vegetables? Can you create a piece of artwork in the style of Lynn Flavell?



**Look at the work of : Giuseppe Arcimboldo.**

Using different drawing materials, can you create a picture of your own?

### Additional learning resources parents may wish to engage with:

[Classroom Secrets Learning Packs](#) – You will find a Year 2 pack that includes activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

Additional Year 2 phonics support about Letters and Sounds can be found here: <https://home.oxfordowl.co.uk/reading/what-is-letters-and-sounds/>

Further advice about reading with your child and developing good comprehension skills can be found here: <https://home.oxfordowl.co.uk/reading/reading-comprehension/>

Lots of ideas for active learning in all curriculum areas can be found here: <https://www.bbc.co.uk/teach/super movers>

Although the children won't be sitting SATs this year additional year 2 work can be found here: <https://www.theschoolrun.com/key-stage-1-sats-learning-journey> It provides you with an idea of what we have been working towards.

This website is good for a variety of different educational games: <https://www.ictgames.com/>

Splat square/100 Square resource: [Splat Square](#)

This is an example instruction text.

## How to make shortbread

### What you need

55g sugar	mixing bowl
125g butter	knife
180g plain flour	rolling pin

### What to do

1. **Mix** the butter and sugar.
2. **Add** the flour a bit at a time.
3. **Use** your hands to squash the mixture together.
4. **Roll** out the mixture and cut out shapes.
5. **Place** on a baking tray.
6. **Put** in an oven at 200C for 15 minutes.
7. **Take** out the shortbread and leave it to cool before eating.
8. **Enjoy!**